



## Early Journal Content on JSTOR, Free to Anyone in the World

This article is one of nearly 500,000 scholarly works digitized and made freely available to everyone in the world by JSTOR.

Known as the Early Journal Content, this set of works include research articles, news, letters, and other writings published in more than 200 of the oldest leading academic journals. The works date from the mid-seventeenth to the early twentieth centuries.

We encourage people to read and share the Early Journal Content openly and to tell others that this resource exists. People may post this content online or redistribute in any way for non-commercial purposes.

Read more about Early Journal Content at <http://about.jstor.org/participate-jstor/individuals/early-journal-content>.

JSTOR is a digital library of academic journals, books, and primary source objects. JSTOR helps people discover, use, and build upon a wide range of content through a powerful research and teaching platform, and preserves this content for future generations. JSTOR is part of ITHAKA, a not-for-profit organization that also includes Ithaka S+R and Portico. For more information about JSTOR, please contact [support@jstor.org](mailto:support@jstor.org).

## LETTERS TO THE EDITOR

The editor is not responsible for opinions expressed in this department. All communications must be accompanied by the name and address of the writer.

### DIET FOR AN OBSTETRICAL PATIENT

DEAR EDITOR: I am not satisfied with my understanding of a nursing mother's diet. There is a wide difference of opinion among the physicians from whom I receive instructions, sometimes quite opposite opinions. It is my earnest desire to help both mother and child to thrive and I would greatly appreciate any suggestions offered. Many times I see a baby gain splendidly from day to day, yet it will be greatly distressed with colic after I have exhausted my resources for prevention and relief.

*Ohio.*

F. E.

### ANOTHER REPLY TO "SPANISH-AMERICAN WAR NURSE"

DEAR EDITOR: In opening the pages of a recent issue of the AMERICAN JOURNAL OF NURSING I hoped, as it always had been the case heretofore, to find myself on neutral ground; all the keener was my disappointment when I came across a letter in the October number written by a Spanish-American war nurse, of Bryn Mawr, called "Peace and Protection." In order that I might not be found guilty of not practicing what I preach, I will not enter into a discussion of the truth and merit of the statements contained therein, though much might be said on that subject, but I do protest most vigorously against a policy which allows such utterances to appear in a professional journal supposedly devoted to the art and science of nursing and the prevention of disease. Any one who wishes to add to the existing conflagration, by fanning the flames of hatred now consuming half the civilized world, surely finds plenty of opportunity in our corrupt daily press. It is not so much the bad taste of the writer of the letter that is to be condemned as it is the lack of judgment, tact, and discretion on the part of the editors for permitting it to appear in a journal which should hold itself aloof from the discussion of international politics at such a time.

Among your readers, no doubt, are women of all the various nations now at war with each other; is it your place by giving utterance to the opinion of one to hurt the feelings and offend the sympathies of the others? I sincerely hope that in the future you will carefully exclude from your papers all communications that are not absolutely neutral.

*New York.*

B. K.

### TO CHECK EPISTAXIS

DEAR EDITOR: I recently had a patient, forty years of age, who awakened one night suffering with epistaxis. I was called on the case after three days, during which time all the usual treatments had been tried, such as applying cold to the back of the neck, to the forehead and to the bridge of the nose, using astringent sprays, etc., but to no avail. The patient had become very weak from loss of blood and, being a heart case, for a time his life was supposed to be in danger. After taking the case, I learned that the patient had had only a few